

# PUBLISHING INFORMATION

German Training Concepts

**Precise Passing and Perfect Combination Play**

49 Exercises From The Netherlands

- Precise Passing
- Perfect Combination Play
- Shift of The Play
- Quick Change of Positions
- Finishes

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# PROLOGUE

**Dear Coaching Colleagues!**



**What distinguishes successful teams like Bayern Munich, FC Barcelona or Manchester City from the rest?**

They are immensely precise in passing and are able to hold the ball in own possession for a long period of time to assess that one situation to play the gap pass and create goal-scoring chances.

**In this ebook, I will present exercises with the following thematic priorities:**

- Precise Passing
- Perfect Combination Play
- Shift of The Play
- Quick Change of Positions
- Finishes

Passing should be an inherent part of every training routine. It builds the foundation for success, no matter if the team favours own ball possession or lays its focus on counterattacks.

Especially the play with both feet is of high priority and this holds true from the beginning. When mediating passing techniques, the focus does not only lay on the handling of the ball, but also on the posture and especially on the quick reaction-response.

In youth soccer, passing should have an absolute priority in every training routine. Therefore, passing exercises and different combinations are always a component of my training. The exercises presented in this book are usable from the age of 10 years on (high-performance), however, the target groups are advanced players, depending on the exercise - in youth as well as adult soccer.

I hope to give you many suggestions to the topic "Passing and Combining" through this ebook and wish, you enjoy reading this ebook and successfully try out the presented exercises in your own training routine.

**Willy Kaspers**

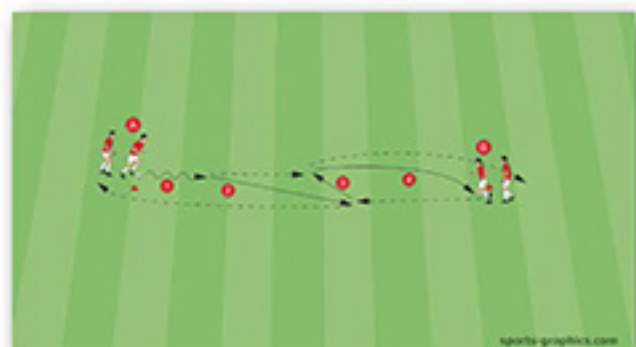
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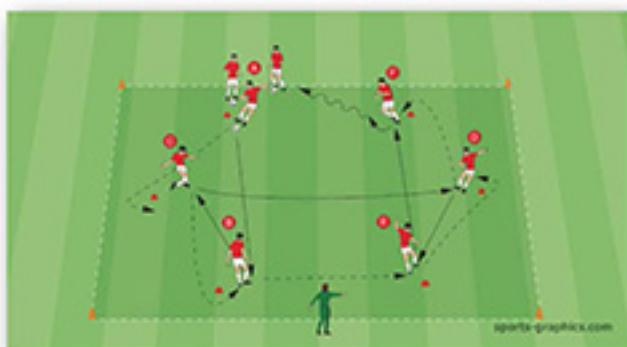
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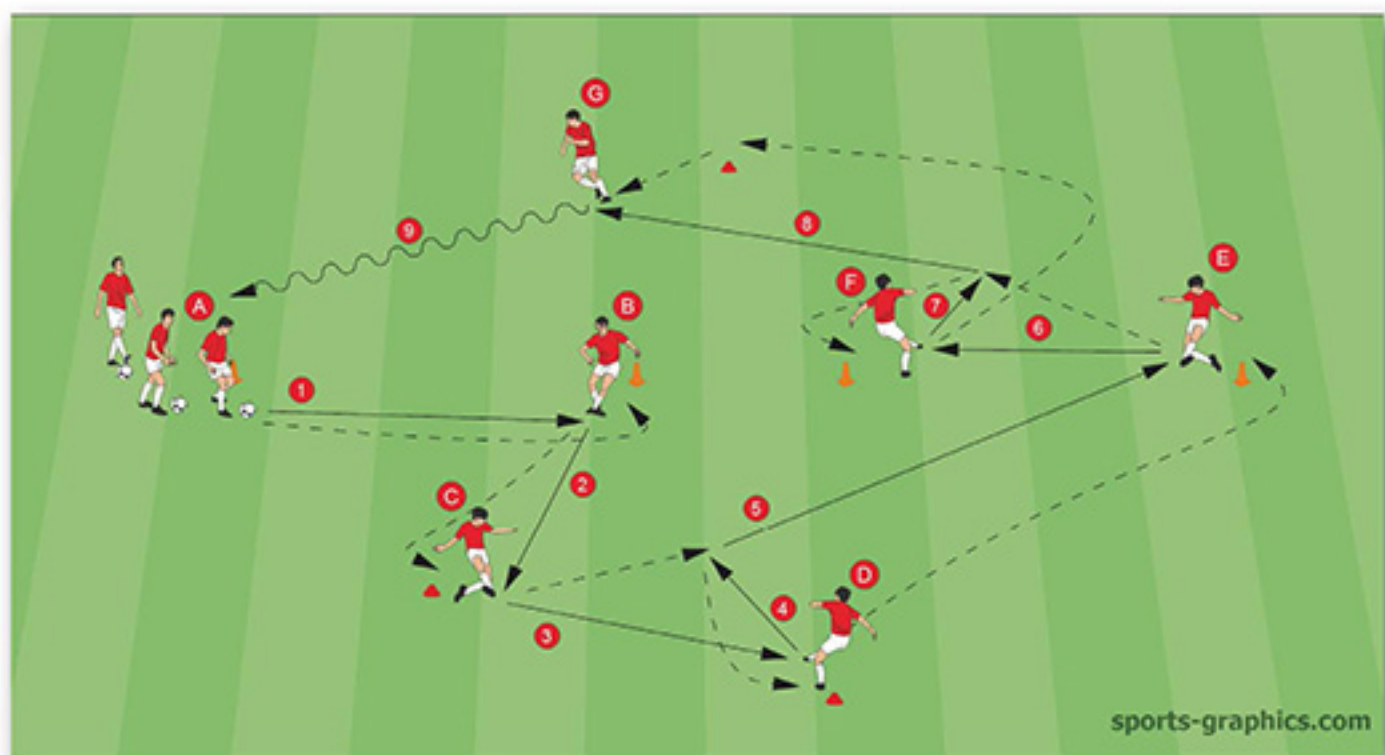
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## The Author



Willy Kaspers

# 28 Endless Passing 1



## Set Up

12 to 16 players, 7 cones, field 24 x 14 meters free in space.

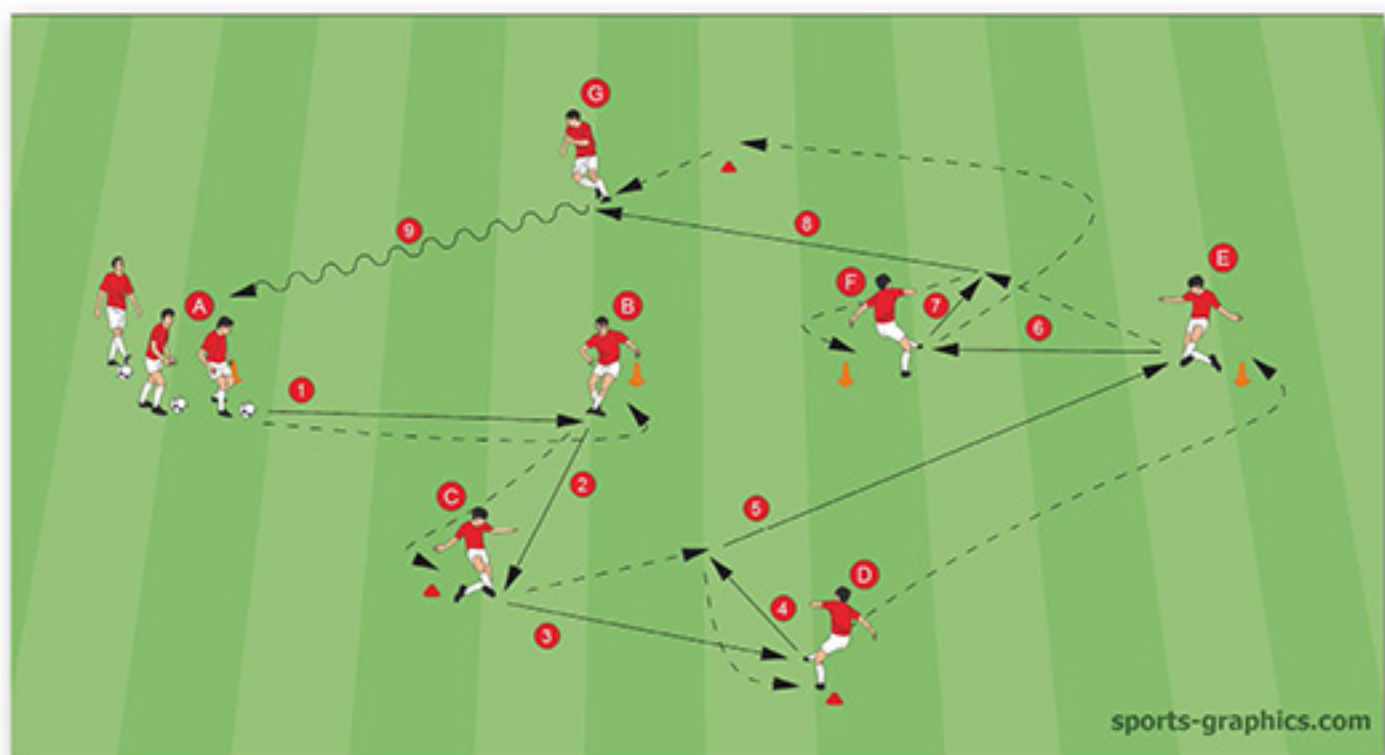
## Organization

A and B face each other, A passes to B, who deposits the ball to C. C plays the ball to D. D again deposits to C. C plays a long ball to E. E passes to F, who again deposits to E. E plays a deep pass to G, who dribbles in high speed into the direction of the starting point. Position changes counterclockwise from A to G.

## TIPS AND HINTS

- The players should be moving as much as possible (approaching the ball and offering)
- Quick position changes
- Eye contact among each other
- Clear technical execution
- Pass the ball into the correct foot (both feet)
- Players shall position openly and be light-footed (deep in the legs with tension)

# 28 Endless Passing 1



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# THE AUTHOR

## Willy Kaspers



### (International) Experiences and Skills:

- Former member of the board of VVON (Federation of Netherlands Amateur Coaches) (1995 - 2009)
- Author for „Trainer – Coach“ (Netherlands Soccer Coaches Magazine)
- Former Coach U21 at SC Enschede (Netherlands)
- Former Scout FC Twente Enschede (Netherlands)
- Cooperation with Grasshoppers Club Zürich (Switzerland) (2011)
- Youth Coach and Coaching Director RW Oberhausen (Germany)
- Coach and Coaching Director in different German Clubs (Youth and Adult at different levels)
- UEFA A-License