

CONTENTS

How The Tactical Analysis Was Produced For This Book	8
How Successful Have Juventus Been Using The 3-5-2?	9
The Attacking Phase	10
Juventus Players (3-5-2 Formation)	11
Coaching Format	12
CHAPTER 1: ATTACKING AGAINST THE 3-4-3	13
Advantages of the 3-5-2 Against the 3-4-3 Formation	14
FINDING THE FREE PLAYER WHEN BUILDING UP PLAY	15
<i>PRACTICE FOR THIS TACTICAL SITUATION</i>	<i>19</i>
Moving the Ball to the Free Player When Building Up From the Back in a Functional Practice	19
INDIVIDUAL ACTIONS OF THE FORWARDS	21
a) Creating and Exploiting Space On the Strong Side	22
<i>SESSION FOR THIS TACTICAL SITUATION (3 Practices)</i>	<i>23</i>
1. Dropping Back to Create Space, Quick Change of Direction, Receive and Finish	23
2. Individual Actions of the Forwards to Create Space in a Functional Practice	25
3. Individual Actions of the Forwards to Create Space in a Dynamic Small Sided Game	27
b) Making a Run On the Blind Side of the Defender	28
<i>SESSION FOR THIS TACTICAL SITUATION (3 Practices)</i>	<i>29</i>
1. Making a Run On the Blind Side of the Defender, Receiving a Long Pass and Finishing	29
2. Making a Run On the Blind Side and Finishing in a Functional Practice (1)	30
3. Making a Run On the Blind Side and Finishing in a Functional Practice (2)	31
c) Dropping Back, Receiving and Turning	32
INDIVIDUAL ACTIONS OF THE ATTACKING MIDFIELDERS	33
a) Creating a Numerical Advantage Near the Sideline	34
<i>SESSION FOR THIS TACTICAL SITUATION (3 Practices)</i>	<i>36</i>
1. Creating a Numerical Advantage Near the Sideline	36
2. Creating a Numerical Advantage Near the Sideline in a Functional Practice With Side Zones	37
3. Creating a Numerical Advantage Near the Sideline in a Zonal Game	38
b) Creating and Exploiting Space On the Weak Side	39
c) Receiving Between the Lines and Playing the Final Pass	40
<i>SESSION FOR THIS TACTICAL SITUATION (4 Practices)</i>	<i>41</i>
1. Receiving Between the Lines and Playing the Final Pass (Unopposed)	41
2. Receiving Between the Lines and Playing the Final Pass (Opposed)	42
3. Receiving Between the Lines Against the 3-4-3 Formation in a 5 Zone Game	43
4. Receiving Between the Lines Against the 4-4-2 Formation in a 5 Zone Game	44
d) Exploiting Space Between the Centre Back and Wing Back On the Weak Side	45
<i>SESSION FOR THIS TACTICAL SITUATION (3 Practices)</i>	<i>46</i>

1. Exploiting Space Between the Centre Back and Wing Back On the Weak Side (Unopposed) 46

2. Exploiting Space Between the Centre Back and Wing Back On the Weak Side (Opposed) 47

3. Exploiting Space Between the Centre Back and Wing Back On the Weak Side in a Functional Practice 48

e) Exploiting the Space Between the Centre Back and the Wing Back On the Strong Side 49

SESSION FOR THIS TACTICAL SITUATION (3 Practices) 50

1. Exploiting Space Between the Centre Back and Wing Back On the Strong Side (Unopposed)..... 50

2. Exploiting Space Between the Centre Back and Wing Back On the Strong Side (Opposed) 51

3. Exploiting Space Between the Centre Back and Wing Back On the Strong Side in a Zonal Game..... 53

THE 2 FORWARDS COMBINING IN THE CENTRE 54

a) Creating and Exploiting Space in Behind the Defence..... 55

b) Creating Space and Exploiting it With a Lay Off Pass 56

SESSION FOR THIS TACTICAL SITUATION (3 Practices) 57

1. Creating and Exploiting Space With Collaboration of Movement Between the Forwards (Unopposed) 57

2. Creating and Exploiting Space With Collaboration of Movement Between the Forwards (Opposed)..... 59

3. Creating and Exploiting Space With Collaboration of Movement Between the Forwards in a SSG 61

c) Receiving Between the Lines and Quick Passing Combination With a Lay Off Pass..... 62

SESSION FOR THIS TACTICAL SITUATION (3 Practices) 63

1. Receiving Between the Lines and Quick Passing Combination With a Lay Off Pass (Unopposed) 63

2. Receiving Between the Lines and Quick Passing Combination With a Lay Off Pass (Opposed) 64

3. Receiving Between the Lines and Quick Passing Combination With a Lay Off Pass in a SSG 65

d) Receiving Between the Lines and Quick One-Two Combination Between the Forwards 66

SESSION FOR THIS TACTICAL SITUATION (3 Practices) 67

1. Receiving Between the Lines and Quick One-Two Combination Between the Forwards (Unopposed) 67

2. Receiving Between the Lines and Quick One-Two Combination Between the Forwards (Opposed)..... 68

3. Receiving Between the Lines and Quick One-Two Combination in a Dynamic Small Sided Game 69

e) Receiving Between the Lines Facing the Opposition’s Goal After a Lay Off Pass..... 70

f) Creating an Overload to Receive Unmarked Between the Lines Facing the Opposition’s Goal 71

SESSION FOR THIS TACTICAL SITUATION (3 Practices) 72

1. Creating an Overload to Receive Unmarked in Between the Lines (Unopposed) 72

2. Creating an Overload to Receive Unmarked in Between the Lines + Final Pass (Opposed) 73

3. Creating an Overload to Receive Unmarked in a Dynamic Small Sided Game..... 74

THE 2 FORWARDS COMBINING NEAR THE SIDELINE..... 75

a) Receiving Between the Lines After a Passing Combination With a Lay Off Pass 76

SESSION FOR THIS TACTICAL SITUATION (3 Practices) 77

1. Quick Combination With a Lay Off Pass, Final Pass in Behind and Finishing (Unopposed) 77

2. Quick Combination With a Lay Off Pass, Final Pass in Behind and Finishing (Opposed) 79

3. Quick Combination With a Lay Off Pass and Finishing in a Small Sided Game..... 80

b) Creating and then Exploiting Space in Behind 81

c) Creating an Overload to Receive Unmarked Between the Lines and Turn to Play the Final Pass..... 82

SYNCHRONISED MOVEMENTS TO CREATE SPACE FOR THE ATTACKING MIDFIELDER..... 83

a) Creating and Exploiting Space On the Weak Side 84



SESSION FOR THIS TACTICAL SITUATION (3 Practices) 85

1. The Forward Creating Space for the Attacking Midfielder On the Weak Side and Finishing (Unopposed) 85

2. The Forward Creating Space for the Attacking Midfielder On the Weak Side and Finishing (Opposed) 86

3. The Forward Creating Space for the Attacking Midfielder On the Weak Side in a Dynamic SSG 87

b) Creating and Exploiting Space On the Strong Side With a 3rd Man Run (Variation 1) 88

SESSION FOR THIS TACTICAL SITUATION (3 Practices) 89

1. Creating and Exploiting Space With Synchronised Movements and 3rd Man Run (Unopposed) 89

2. Creating and Exploiting Space With Synchronised Movements and 3rd Man Run (Opposed)..... 90

3. Creating and Exploiting Space With Synchronised Movements and 3rd Man Run in a SSG 91

c) Creating and Exploiting Space On the Strong Side With a 3rd Man Run (Variation 2)..... 92

CHAPTER 2: ATTACKING AGAINST THE 3-4-1-2..... 93

Advantages of the 3-5-2 Against the 3-4-1-2 Formation 94

FINDING THE FREE PLAYER WHEN BUILDING UP FROM THE BACK 95

PRACTICE FOR THIS TACTICAL SITUATION 98

Moving the Ball to the Free Player When Building Up From the Back in a Functional Practice..... 98

CREATING A NUMERICAL ADVANTAGE NEAR THE SIDELINE 99

SESSION FOR THIS TACTICAL SITUATION (3 Practices) 105

1. Creating and Exploiting a Numerical Advantage Near the Sideline..... 105

2. Creating and Exploiting a Numerical Advantage Near the Sideline in a Functional Practice 106

3. Creating a Numerical Advantage Near the Sideline in a 5 Zone Game..... 107

SWITCHING PLAY INTO THE AVAILABLE SPACE 108

CHAPTER 3: ATTACKING AGAINST THE 3-5-2..... 112

Advantages of the 3-5-2 Against the 3-5-2 Formation 113

CHAPTER 4: ATTACKING AGAINST THE 4-4-2..... 123

Advantages of the 3-5-2 Against the 4-4-2 Formation 124

CREATING A NUMERICAL ADVANTAGE NEAR THE SIDELINE 125

SESSION FOR THIS TACTICAL SITUATION (3 Practices) 128

1. Creating and Exploiting a Numerical Advantage Near the Sideline..... 128

2. Creating and Exploiting a Numerical Advantage Near the Sideline in a Functional Practice 129

3. Creating and Exploiting a Numerical Advantage Near the Sideline in a Zonal Game 130

EXPLOITING SPACE BEHIND THE FULL BACK 131

SESSION FOR THIS TACTICAL SITUATION (3 Practices) 133

1. Creating a Numerical Advantage Near the Sideline and Exploiting Space Behind the Full Back (Unopposed) 133

2. Creating a Numerical Advantage Near the Sideline and Exploiting Space Behind the Full Back (Opposed)... 135

3. Creating a Numerical Advantage Near the Sideline and Exploiting Space Behind the Full Back
in a Zonal Game 136

INDIVIDUAL ACTIONS OF THE FORWARDS..... 138

INDIVIDUAL ACTIONS OF THE ATTACKING MIDFIELDER..... 141

ATTACKING IN THE CENTRE..... 143

ATTACKING NEAR THE SIDELINE 149

CHAPTER 5: ATTACKING AGAINST THE 4-2-3-1 152
Advantages of the 3-5-2 Against the 4-2-3-1 Formation 153
CHAPTER 6: ATTACKING AGAINST THE 4-3-1-2 158
Advantages of the 3-5-2 Against the 4-3-1-2 Formation 159
CHAPTER 7: ATTACKING AGAINST THE 4-3-3 161
Advantages of the 3-5-2 Against the 4-3-3 Formation 162
CHAPTER 8: THE TRANSITION FROM ATTACK TO DEFENCE 164
BALANCED POSITIONING OF THE WING BACKS 166
PRACTICE FOR THIS TACTICAL SITUATION 168
Balanced Positioning of the Wing Backs When Building Up From the Back 168
RETAINING BALANCE NEAR THE SIDELINE 169
SESSION FOR THIS TACTICAL SITUATION (2 Practices) 171
1. Retaining Balance Near the Sideline When Building Up From the Back (Unopposed) 171
2. Retaining Balance Near the Sideline and Quick Transition From Attack to Defence 172
BALANCED POSITIONING OF THE ATTACKING MIDFIELDERS 175
SESSION FOR THIS TACTICAL SITUATION (3 Practices) 177
1. Balanced Positioning of the Attacking Midfielders When Building Up From the Back (Unopposed) 177
2. Balanced Positioning of the Attacking Midfielders and Quick Transition From Attack to Defence 178
3. Balanced Positioning of the Attacking Midfielders and Defensive Reactions in a Transition Game 179
NUMERICAL ADVANTAGE AT THE BACK 180
SESSION FOR THIS TACTICAL SITUATION (3 Practices) 183
1. Retaining a Numerical Advantage at the Back When Building Up Play 183
2. Retaining a Numerical Advantage at the Back and Defensive Reactions in a Transitional Practice 185
3. Retaining a Numerical Advantage at the Back and Defensive Reactions in a Transition Game 186
TRANSITION FROM ATTACK TO DEFENCE AGAINST THE 3-4-3 187
TRANSITION FROM ATTACK TO DEFENCE AGAINST THE 3-4-1-2 191
TRANSITION FROM ATTACK TO DEFENCE AGAINST THE 3-5-2 196
TRANSITION FROM ATTACK TO DEFENCE AGAINST THE 4-4-2 199
TRANSITION FROM ATTACK TO DEFENCE AGAINST THE 4-2-3-1 204
TRANSITION FROM ATTACK TO DEFENCE AGAINST THE 4-3-1-2 208
TRANSITION FROM ATTACK TO DEFENCE AGAINST THE 4-3-3 212
CHAPTER 9: THE TRANSITION FROM DEFENCE TO ATTACK 217
DIRECT COUNTER ATTACK 219
SESSION FOR THIS TACTICAL SITUATION (2 Practices) 222
1. Direct Counter Attack With a Long Diagonal Pass (Unopposed) 222
2. Direct Counter Attack With a Long Diagonal Pass in a Transition Game 223
INDIRECT COUNTER ATTACK 224
SESSION FOR THIS TACTICAL SITUATION (2 Practices) 229
1. Indirect Counter Attack With a Switch of Play (Unopposed) 229
2. Indirect Counter Attack With a Switch of Play in a in a Transition Game 231

